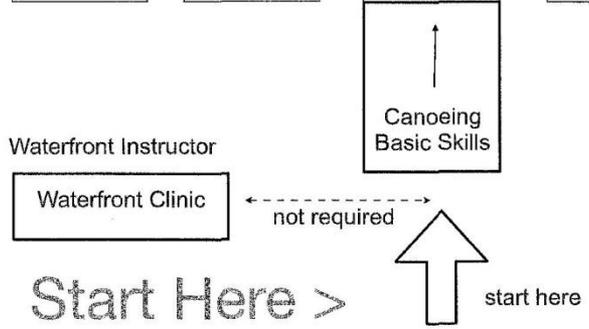


Paddle Canada Canoe Program Progression Chart

	Big Canoe	Coastal Canoeing	Canadian Style	Lake Solo	Lake Tandem	Canoe Poling	Canoe Tripping	Moving Water C1	Moving Water Solo	Moving Water Tandem	
Advanced	Big Canoe Leader	Coastal Canoeing	Canadian Style	Lake Solo	Lake Tandem	Canoe Poling	Canoe Tripping	Moving	Moving Water Solo	Moving Water Tandem	Advanced
Intermediate	Big Canoe Leader	Coastal Canoeing	Canadian Style	Lake Solo	Lake Tandem	Canoe Poling		Water	Moving Water Solo	Moving Water Tandem	Intermediate
Introduction to	Big Canoe Paddler	Coastal Canoeing	Canadian Style	Lake Solo	Lake Tandem	Canoe Poling	Canoe Tripping	C1 (1 module)	Moving Water Solo	Moving Water Tandem	Introduction to



PADDLE
CANADA

PAGAIÉ
CANADA



Paddle Canada is a national non-profit organization certifying and fully insuring instructors to teach Paddling Sports to those of all ages. For more information on these programs, or to register, please contact Life Force at 250-679-4411 or info@lifeforceenergy.net