

In School Youth Workshops

2 Hour Lost in The Woods Workshop Spring Special

This workshop can interactively serve multiple classes at one time.

The workshop covers:

- Lost in the Woods Rules of Survival
-to include: heat loss, feelings, group questions, discussion, and reflection
- Lost in the Woods Video
- How to Build a Survival Bed
- Build and take home Survival Kit
- Recap/Reminder Activity Hand outs

1st 2 Hour workshop with supplies is \$200.00

Any additional 2 hour workshop on the same day is \$140.00

Other Youth & Adult Workshops we Facilitate:

DRY Land Water Safety

6 Hour Fun in the Outdoors

Strategies to Energize and Balance your Life

Dream Big – Create a Vision Board

All workshops are interactively facilitated

Life Force Experiential Activities, 1346 Freeman Road, Lee Creek, BC

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